



New Zealand Athletics Championships

TIMARU- NZ

Start Referee Booklet

Copy for Andrew A Pillay

Starter- Athletics Fiji- On attachment

Relevant Rules

RULE 145

Disqualification

If an athlete is disqualified in an event for an infringement of any Rule, reference shall be made in the official results to the Rule which has been infringed.

1. If an athlete is disqualified in an event for an infringement of a Technical Rule (except under Rules 125.5 or 162.5) any performance accomplished in the same round of that event up to the time of the disqualification shall not be considered valid. However, performances accomplished in a previous round of that event shall be considered valid. Such disqualification from an event shall not prevent an athlete from taking part in any further event in that competition.

2. If an athlete is disqualified from an event for acting in an unsporting or improper manner, reference shall be made in the official results giving reasons for such disqualification. If an athlete is warned for a second time under Rule 125.5 for acting in an unsporting or improper manner in an event, or under Rule 162.5, he shall be disqualified from that event. If the athlete's second warning occurs in a different event, he shall be disqualified only from the second event. Any performance accomplished in the same round of that event up to the time of the disqualification shall not be considered valid. However, performances accomplished in a previous round of that event, other previous events or previous individual events of a Combined Event shall be considered valid. Disqualification from an event for unsporting or improper behaviour shall render the athlete liable to disqualification by the Referee from participation in all further events, including individual events of a Combined Event, in that competition. If the

RULES 144, 145 146

IAAF COMPETITION RULES 2014-2015

offence is considered serious, the Competition Director shall report it to the appropriate governing body for consideration of further disciplinary action.

RULE 146

Protests and Appeals

3. Any protest shall be made orally to the Referee by an athlete, by someone acting on his behalf or by an official representative of a team. Such person or team may protest only if they are competing in the same round of the event to which the protest (or subsequent appeal) relates (or are competing in a competition in which a team points score is being conducted). To arrive at a fair decision, the Referee should consider any available evidence which he thinks necessary, including a film or picture produced by an official video recorder, or any other available video evidence. The Referee may decide on the protest or may refer the matter to the Jury. If the Referee makes a decision, there shall be a right of appeal to the Jury. Where

the Referee is not accessible or available, the protest should be made to him through the Technical Information Centre.

4. In a Track Event,

(a) if an athlete makes an immediate oral protest against having been charged with a false start, a Track Referee may, if he is in any doubt, allow the athlete to compete under protest in order to preserve the rights of all concerned. Competing under protest shall not be allowed if the false start was detected by an IAAF approved false start control apparatus, unless for any reason the Referee determines that the information provided by the apparatus is obviously inaccurate.

147 RULES 145, 146

IAAF COMPETITION RULES 2014-2015

(b) a protest may be based on the failure of the Starter to recall a false start or, under Rule 162.5, to abort a start. The protest may be made only by, or on behalf of, an athlete who has completed the race. If the protest is upheld, any athlete who committed the false start or whose conduct should have led to the start being aborted, and who was subject to warning or disqualification according to Rules 162.5 or 162.7, shall be warned or disqualified. Whether or not there may be any warning or disqualification, the Referee shall have the authority to declare the event or part of the event void and that it or part of it shall be held again if in his opinion justice demands it.

Note: The right of protest and appeal in (b) shall apply whether or not a false start control apparatus is used.

RULE 162 The Start

1. The start of a race shall be denoted by a white line 50mm wide. In all races not run in lanes, the start line shall be curved, so that all the athletes start the same distance from the finish. Starting positions in events at all distances shall be numbered from left to right, facing the direction of running.

Note (i): In the case of events starting outside the stadium, the start line may be up to 0.30m in width and maybe of any colour contrasting distinctively with the surface of the start area.

Note (ii): The 1500m start line may be extended out from the outside bend lane to the extent that the same synthetic surface is available.

(a) In races up to and including 400m (including 4 × 200m, the Medley Relay as defined in Rule 170.1 and 4 × 400m), the commands shall be “On your marks” and “Set”.

(b) In races longer than 400m (except 4 × 200m, the Medley Relay and 4 × 400m), the command shall be “On your marks”.

All races shall be started by the report of the Starter’s gun held upwards.

Note: In competitions under Rules 1.1(a), (b), (c), (e) and (i), the commands of the Starter shall be given in English only.

3. In races up to and including 400m (including the first leg of 4 × 200m,

The Medley Relay and 4 × 400m), a crouch start and the use of starting blocks are compulsory. After the “On your marks” command, an athlete shall approach the start line, assume a position completely within his allocated lane and behind the start line. An athlete shall not touch either the start line or the ground in front of it with his hands or his feet when on his mark. Both hands and at least one knee shall be in contact with the ground and both feet in contact with the foot plates of the starting blocks. At the “Set” command, an athlete shall immediately rise to his final starting position retaining the contact of the hands with the ground and of the feet with the foot plates of the blocks. Once the Starter is satisfied that all athletes are steady in the “Set” position, the gun shall be fired.

4. In races longer than 400m (except 4 × 200m, the Medley Relay and 4 × 400m), all starts shall be made from a standing position. After the “On your marks” command, an athlete shall approach the start line and assume a starting position behind the start line (completely within his allocated lane in races started in lanes). An athlete shall not touch any part of the ground with his hand or hands and/or the start line or the ground in front of it with his feet when on his mark. Once the Starter is satisfied that all athletes are steady in the correct starting position, the gun shall be fired.

5. On the command “On your marks” or “Set”, as the case may be, all athletes shall, at once and without delay, assume their full and final starting position. If, for any reason, the Starter is not satisfied that all is ready for the start to proceed after the athletes are on their marks, he shall order all athletes to withdraw from their marks and the Starter’s Assistants shall assemble them again (See also Rule 130). Where an athlete in the judgement of the Starter,

(a) after the command “On your marks” or “Set”, and before the report of the gun, causes the start to be aborted, for instance by raising a hand and/or standing or sitting up in the case of a crouch start, without a valid reason, (such reason to be evaluated by the relevant Referee); or

(b) fails to comply with the commands “On your marks” or “Set” as appropriate, or does not place himself in his final starting position after a reasonable time; or

(c) after the command “On your marks” or “Set” disturbs other athletes in the race through sound or otherwise, the Starter shall abort the start.

The Referee may warn the athlete for improper conduct (disqualify in case of a second infringement of the Rule during the same competition), according to Rules 125.5 and 145.2. In this case, or when an extraneous reason was considered to be the cause for aborting the start, or the Referee does not agree with the Starter’s decision, a green card shall be shown to all the athletes to indicate that a false start was not committed by any athlete.

False Start

6. An athlete, after assuming a full and final starting position, shall not commence his start until after receiving the report of the gun. If, in the

judgement of the Starter or Recalls, he does so any earlier, it shall be deemed a false start.

Note (i): Any motion by an athlete that does not include or result in the athlete's foot / feet losing contact with the foot plate(s) of the starting blocks, or the athlete's hand / hands losing contact with the ground, shall not be considered to be the commencement of his start. Such instances may, if applicable, be subject to a disciplinary warning or disqualification.

Note (ii): As athletes starting races in a standing position are more prone to over-balance, if such a movement is considered to be accidental, the start should be regarded as "unsteady". If an athlete is pushed or jostled over the line before the start, he should not be penalised. Any athlete causing such interference may be subject to a disciplinary warning or disqualification.

7. Except in Combined Events, any athlete responsible for a false start shall be disqualified.

In Combined Events, any athlete responsible for a false start shall be warned. Only one false start per race shall be allowed without the disqualification of the athlete(s) responsible for the false start. Any athlete(s) responsible for further false starts in the race shall be disqualified. (See also Rule 200.8(c).)

8. In case of a false start, the Starter's Assistants shall proceed as follows:

Except in Combined Events, the athlete(s) responsible for the false start shall be disqualified and a red and black (diagonally halved) card shall be raised in front of him and a corresponding indication shown on the respective lane marker(s).

In Combined Events, in case of a first false start, the athlete(s) responsible for the false start shall be warned with a yellow and black (diagonally halved) card raised in front of him and a corresponding indication shown on the respective lane marker(s). At the same time, all the other athletes taking part in the race shall be warned with the yellow and black card raised in front of them by one or several Starter's Assistants in order to notify them that anyone committing further false starts will be disqualified. In case of further false starts, the athlete(s) responsible for the false start shall be disqualified and the red and black card shall be raised in front of him and a corresponding indication shown on the respective lane marker(s).

The basic system (to raise a card in front of the athlete(s) responsible for the false start) will also be followed in case lane markers are not being used.

Note: In practice, when one or more athletes make a false start, others are inclined to follow and, strictly speaking, any athlete who does so has also made a false start. The Starter should warn or disqualify only such athlete or athletes who, in his opinion, were responsible for the false start. This may result in more than one

athlete being warned or disqualified. If the false start is not due to any athlete, no warnings shall be given and a green card shall be shown to all the athletes.

9. The Starter or any Recaller, who is of the opinion that the start was not a fair one, shall recall the athletes by firing a gun.

1000m, 2000m, 3000m, 5000m and 10,000m

10. When there are more than 12 athletes in a race, they may be divided into two groups with one group of approximately two thirds of the athletes on the regular arced start line and the other group on a separate arced start line marked across the outer half of the track. The other group shall run as far as the end of the first bend on the outer half of the track, which shall be marked by cones or flags as described in Rule 160.1.

The separate arced start line shall be positioned in such a way that all the athletes shall run the same distance.

The breakline for 800m described in Rule 163.5 indicates where the athletes in the outer group in 2000m and 10,000m may join the athletes using regular start. The track shall be marked at the beginning of the finish straight for group starts in 1000m, 3000m and 5000m to indicate where athletes starting in the outer group may join the athletes using the regular start. This mark may be a 50mm × 50mm mark on the line between lanes 4 and 5 (lanes 3 and 4 in a six-lane track) immediately before.

Programme

Track Events Friday 6 March 2015
10:15am – 300m Hurdles Youth Women Heats
10:25am – 300m Hurdles Youth Men Heats
10:35am – 100m Youth Men Heats
10:47am – 100m Junior Women Heats
10:59am – 100m Junior Men Heats
11:11am – 100m Senior Women Heats

11:19am – 100m Senior Men Heats

11:31am – Opening Ceremony

11:46am – 100m Youth Women Heats

12:06pm – 100m Para Women Final

12:10pm – 100m Para Men Final

12:20pm - 3000m Race Walk Youth Women, Junior Women, Senior Women Final

12:50pm - 3000m Race Walk Youth Men, Junior Men, Senior Men Final

1:25pm - 400m Hurdles Senior Women Final

1:30pm - 400m Hurdles Senior Men Final

1:55pm – 800m Youth Men Heats

2:10pm – 800m Junior Men Heats

2:25pm – 800m Senior Women Heats

2:35pm – 800m Senior Men Heats

3:00pm - 100m Youth Women Semi-Final

3:10pm - 100m Junior Men Semi-Final

3:20pm – 5000m Junior Men Final

3:45pm – 5000m Junior Women, Senior Women Final

4:15pm – 100m Senior Women Final

4:20pm - 100m Junior Women Final

4:25pm - 100m Youth Women Final

4:30pm - 100m Senior Men Final

4:35pm - 100m Junior Men Final

4:40pm - 100m Youth Men Final

4:50pm - 5000m Senior Men Final

5:15pm - 400m Youth Women Heats

5:27pm - 400m Youth Men Heats

5:35pm - 400m Junior Men Heats

5:43pm - 400m Senior Women Heats

Track Events Saturday 7 March 2015

1:10pm - 800m Para Men Final

1:15pm - 800m Youth Women Final

1:20pm - 800m Youth Men Final

1:25pm - 800m Junior Women Final

1:30pm - 800m Junior Men Final

1:35pm - 800m Senior Women Final

1:40pm - 800m Senior Men Final

1:55pm – 200m Senior Women Heats

2:05pm – 200m Youth Women Heats

2:10pm - 200m Youth Men Heats

2:25pm - 200m Junior Women Heats

2:30pm - 200m Junior Men Heats

2:40pm - 200m Senior Men Heats

3:15pm - 100m Hurdles Youth Women Finals

3:20pm - 100m Hurdles Junior Women Finals

3:25pm - 100m Hurdles Senior Women Final

3:30pm - 110m Hurdles Youth Men Final

3:35pm - 110m Hurdles Junior Men Final

3:40pm - 110m Hurdles Senior Men Final

3:50pm - 1500m Youth Women Heats

4:00pm - 1500m Youth Men Heats/ Para Men Final

4:10pm - 1500m Junior Men Heats

4:20pm - 1500m Senior Men Heats

4:30pm - 4 X 100m Relay Youth Men Final

4:35pm - 4 X 100m Relay Youth Women Final

4:40pm - 4 X 100m Relay Junior Men Final

4:45pm - 4 X 100m Relay Junior Women Final

4:50pm - 4 X 100m Relay Senior Men Final

4:55pm - 4 X 100m Relay Senior Women Final

Track Events Sunday 8 March 2015

8:00 am (Out Of Stadium)

10km Race Walk W Junior/M Junior Final
20km Race Walk Senior Men /Senior Women Final
20km Race Walk Senior Men /Senior Women Final

10:00 am - 200m Youth Women Semi-Final

10:15am - 2000m Steeplechase Youth Women Final

10:30am - 2000m Steeplechase Youth Men Final

11:25am - 400m Hurdles Junior Women Final

11:30am - 300m Hurdles Youth Women Final

11:35am - 300m Hurdles Youth Men Final

11:40am - 400m Hurdles Junior Men Final

11:55am - 200m Para Women's Final

12:00pm - 200m Para Men's Final

12:05pm - Lunch Break 12.10pm –

Nestle Kids Athletics demonstration

12:50pm - 200m Youth Women Final
12:55pm - 200m Youth Men Final
1:00pm - 200m Junior Women Final
1:05pm - 200m Junior Men Final
1:15pm - 200m Senior Women Final
1:20pm - 200m Senior Men Final
1:25pm - 1500m Youth Women Final
1:35pm - 1500m Youth Men Final
1:45pm - 1500m Junior Women Final
1:55pm - 1500m Junior Men Final
2:05pm - 1500m Senior Women Final
2:15pm - 1500m Senior Men Final
2:25pm - 3000m Steeplechase Senior Men Final
2:50pm - 4 X 400m Relay Youth Women Final

3:00pm - 4 X 400m Relay Youth Men Final

3:10pm - 4 X 400m Relay Junior Women Final

3:20pm - 4 X 400m Relay Junior Men Final

3:30pm - 4 X 400m Relay Senior Women Final

3:40pm - 4 X 400m Relay Senior Men Final

Start Referee's Incident Report

Referee: _____

Meeting: _____

Meeting Dates: _____

Infringement of: (please tick)

Rule 162.5 Disqualification due to false start.

Rule 125.5 Unsporting Conduct Warning (yellow card given)

Rule 125.5 Unsporting Conduct Exclusion (yellow and red cards given)

Athlete Number: _____

Event Number: _____

Heat Number: _____

Lane Number: _____

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